

El Dorado County SELPA Parent Newsletter April 2024

Events and resources for families!



39th Annual Kids Expo!

Saturday, April 27th, from 10 AM - 2 PM 100 Placerville Dr. Placerville, CA 95667



FREE EVENT

Games, Facepainting, Giveaways, and more! Scan the OR code to reserve your free ticket!

"4 Types of Social Cues"

Check out this great article and more at Understood.org, an organization dedicated to the neurodivergent!



Parent Resources:

We proudly offer online training opportunities for parents, guardians, and caregivers of students with disabilities. These pre-recorded opportunities include tips on preparing for IEPs, a caregiver's guide to ABA therapy, and how to build trust and positive relationships among all of your child(ren)'s team members.

> Scan here for more information:



Get involved in your community!

SELPA's Community Advisory Committee (CAC) consists of parents, teachers, and representatives of community agencies serving students with special needs from birth through age 22.

Scan the OR code to learn more about CAC. including upcoming meetings:











Things to Do!

Springtime in the Square FREE ENTRY

Sunday, April 14th from 10 AM to 4 PM

Vernon Street Square 311 Vernon St. Roseville, CA 95678



Fun for the whole family! Includes 100+ vendors, food trucks, gourmet specialty foods, artisans/crafters, kids zone games and activities. Live Music and Entertainment! FREE EVENT ENTRY.

Per the website:

For the Kids Zone, tickets are \$12/child

(6+ older; under 6 FREE)

Includes: Unlimited access to games and inflatables, one face paint or one balloon twist, and a prize. Tickets are available for prepurchase; \$10 per child 6+

The SELPA researched to confirm reasonable ADA accommodations; for any additional questions you can contact the organizers by calling (916) 484-7000 or by emailing admin@livingsmartmarket.com

To learn more about this free event, as well as purchase Kid's Zone tickets, scan the code below:



Annual Sports Day FREE EVENT

Sunday, April 28th from 8:30 AM to 1:30 PM

Cordova High School 2239 Chase Dr. Rancho Cordova, CA 95670

"Our event is a unique experience for individuals who are neuro-diverse. Since they often don't get to experience some of the sports and activities due to their limitations, we decided to create an event featuring adaptive and modified sports and activities."

Important note! To reserve your spot as a participant, please fill out the Google Form using the QR code ---> Additionally, the event asks for a \$10 "deposit" to save your spot, which will be refunded upon your arrival to the event.





Self Care Stop!

April is a month of beginnings - flowers begin to sprout, gardens are seeded, and the rain starts to go away. Spring cleaning can take many forms, inside and out. Here are some April challenges from us! Choose an hour to go tech-free! Once a day or once a week - disconnect and breathe.

(530) 295-2462 / (800) 524-8100

- When the sun comes out, give yourself some time in the shine and make sure to wear sunscreen!
- Pick something new to learn about! Have you always wanted to learn to crochet, or make your own hot sauce? Now's the time, we believe in you!



Are we missing something fun? Do you know of a disabilityfriendly event coming up? Call (530) 295-2236 and

